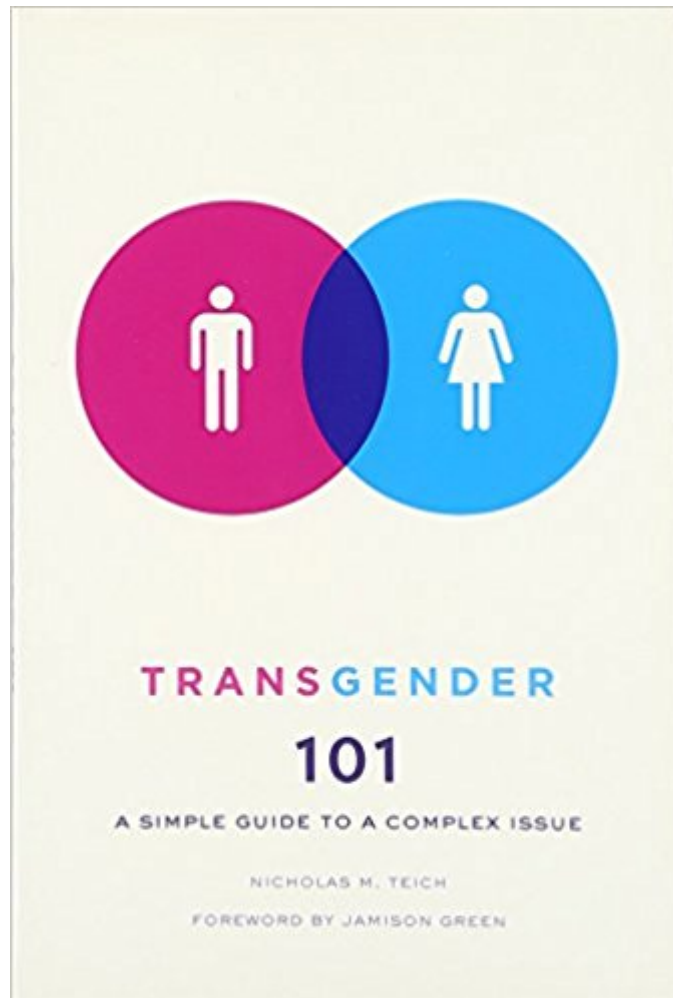




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Transgender 101: A Simple Guide To A Complex Issue



Synopsis

Written by a social worker, popular educator, and member of the transgender community, this well-rounded resource combines an accessible portrait of transgenderism with a rich history of transgender life and its unique experiences of discrimination. Chapters introduce transgenderism and its psychological, physical, and social processes. They describe the coming out process and its effect on family and friends, the relationship between sexual orientation, and gender and the differences between transsexualism and lesser-known types of transgenderism. The volume covers the characteristics of Gender Identity Disorder/Gender Dysphoria and the development of the transgender movement. Each chapter explains how transgender individuals handle their gender identity, how others view it within the context of non-transgender society, and how the transitioning of genders is made possible. Featuring men who become women, women who become men, and those who live in between and beyond traditional classifications, this book is written for students, professionals, friends, and family members.

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Customer Reviews

Transgender 101 is a highly readable and thorough primer on the history, terminology, types, politics, and medical and social realities of the transgender population. Teich uses insights from his personal and clinical experience and from the growing body of literature in transgender studies to educate the professional and lay communities on the many layered meanings and manifestations of transgenderism. This comprehensive introduction informs without being self-absorbed or polemical. (Betty Morningstar, president of the Massachusetts Chapter of the National Association of Social

Workers) In an eminently readable fashion, Teich covers topics ranging from the underlying sociological concepts of sex, gender, and sexual identification to the experiences of 'coming out' and 'transitioning.' He then situates the 'trans' person in an historical context – examining the mental health and medical ramifications of the way society has viewed and (mis)treated the change from imputed to 'authentic' sex. I am glad I read this book. (Kevin J. Mahoney, professor and director of the Center for Participant-Directed Services at Boston College)...a fascinating read... effectively raising questions and prompting discussions about assumptions we've always taken for granted... (Blibrary Book Lust)...highly recommended reading as a user-friendly introduction. (Youth Today)

Nicholas M. Teich is a licensed social worker pursuing a Ph.D. in social policy at Brandeis University. A member of the World Professional Association for Transgender Health, he trains and educates groups about gender issues and is the founder and president of Camp Aranu'tiq, the first-ever summer camp for transgender children.

This is a great book filled with the right information. However, I will say this: in my personal opinion this may not necessarily be for people who feel gender dysphoria(transgender). I was supposed to read this as homework from my gender therapist, that way I would be more informed. I am just beginning my transition, and I will say that this book does have a lot of information and all of it is accurate. But if you are trans, 80% of the information in this book you will probably know about already. I'm not saying it's a bad book or trying to discourage you from reading it even if you know everything there is to know. There are real stories in the book everywhere, which helps to compare to your own situation. Basically, this book covers all of the basics and it would be a good idea to read it yourself, then to give to a family member or friend that may not be so supportive. Still a great read.

I cannot rave enough about this super easy to understand and informative book. It covers everything. I wrote notes on every page for future reference which answer my questions that I will take to my doctors and surgeon. This book deserves an A+ ! For anyone: Transitioning, looking to lead a comfortable life by aligning physical appearance with inner gender, who works with an individual Transgender or their community in some manner, Wants to understand Transgender, Love's and or supports Transgender individuals. This book will surely guide !

I learned so much from this book, helping me see the difficult issues transpeople face. This book is very easy to understand and explains all issues in detail.

Course taken at Arizona State University, Good course book.

This book answered a lot of my questions about the transgender community and its wide diversity. It also prompted new questions, and I wish I could have picked up the phone and called Mr. Teich to discuss them. Now I have a better understanding of the differences between sex, gender identity and gender expression, which has been the biggest obstacle for me in understanding transgender people. I learned many other things as well, and I will be re-reading the book to make sure I didn't miss anything. I can't wait to discuss this book with my family and friends. Thank you, Mr. Teich, for an excellent book, and for inspiring me to keep learning.

A great basic primer for Transpeople who are floundering to find any information. I recommended this to my therapist as well. A good basic book for those who want to learn more about the topic.

....for anyone working with, who knows of, is friends with, teaches, lives with, anyone, any person who may or may not be trans variant. Nick writes with knowledge and compassion of the true human condition. That true sense wondering who we are, what makes is who we are, how we fit in, and how to make the world a safer place for us all.

I could not disagree more with Alex Kapitan. Teich clearly states that gender is not a binary and goes into detail about many types of transgender people. People who want to get a "101" education on this subject should absolutely read this book. It's also very well-written.

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